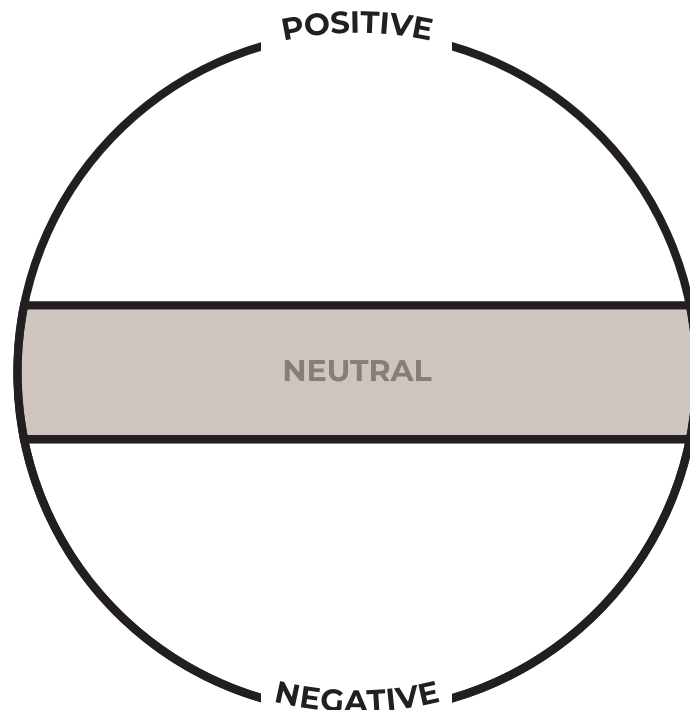


— POSITIVE-NEGATIVE-NEUTRAL —  
EVENTS TEMPLATE

Explore the experiences from your day by identifying them as “positive”, “negative” or “neutral”. Write a positive experience in the top dome, a negative experience in the bottom dome and a neutral experience in the center band.

### Positive-Negative-Neutral Events Template



**Share the love!** Share your six-week journey on social media. You've earned the “likes” and virtual high fives!

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